

Children can swallow, inhale, or choke on other items such as small toys, peanuts and marbles

- Choose toys appropriate to the age of the child
- Ensure that small objects are kept out of reach of children under three
- Looped cords on blinds and curtains should be avoided especially in children's bedrooms. Keep them tied up high and out of reach
- Small foods such as grapes, cherry tomatoes, blackberries and other soft fruits should be cut into quarters to prevent choking
- Keep button cell batteries out of reach of children, they can cause severe injuries if swallowed
- Don't forget plastic bags can also be very dangerous to small children.

For more home safety information visit www.rospa.com/resources/hubs/

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Babies can suffocate on nappy sacks



Keeping your baby safe

Help and advice for parents and carers of young children

Nappy sacks can kill

at least 16 babies in the UK have already died

Making some simple changes can make a big difference to your children's safety. Help us to prevent any more babies from needlessly dying.

To avoid danger of suffocation and choking:

✓ **Do:**

Always keep nappy sacks and other plastic bags and wrapping away from babies and young children.

✗ **Don't:**

Place nappy sacks in a baby's cot, pram or buggy.

Why do nappy sacks pose a suffocation hazard to babies?

- Young babies naturally grasp anything and put it in their mouths, but they find it more difficult to let go.
- Nappy sacks are flimsy and are small enough to fit in little mouths.

