A day in the life of…………………………. Date ………………………………….

|  |  |
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|  | When I wake up…… |
|  | Breakfast… |
|  | Dressing…. |
|  | Getting to school  |
|  | At school…. |
|  | After school  |
|  | Evenings |
|  | Bedtime  |
|  | School Holidays/Weekends |
|  | Medical/Health  |